



## Ma u Baahantahay Kaarka Caafimaadka? Ma u Baahantahay in Aad Aragto Dhakhtar?



**Waxaa la joogaa wakhtigii** la xarayn lahaa kaarka caafimaadka ee 2024!

Waan kaa caawin karnaa in aad heshid kaar caafimaad oo aad awoodid qiimihiisa .

Shaqadanadu waa **lacag la'aan**. Waxaan nahay Hagayaal caafimaad!



Si aad u hesho xog dheeraad ah nala soo xiriir.

Waan ka jawaabaynaa su'aalahaaga ku saabsan kaarka caafimadka.

**Maanta qabso balantaada si lacag la'aan ah!**

Is diiwaan galinta kaarka waxay bilaabanaysaa **1da November illaa 15 ka January**.

Markaad is diiwaan galiso manficiisu wuxuu kuu bilaabanayaa 1da February.

- ◆ **In Columbus Contact:** Justin Carter at 614-505-9460 or [jcarter@uhcanohio.org](mailto:jcarter@uhcanohio.org)
- ◆ **In Cleveland Contact:** Molly Nagin at 216-440-4975 [mnagin@uhcanohio.org](mailto:mnagin@uhcanohio.org)
- ◆ **In Cincinnati Contact:** Janay Howard at 513-882-0088 [jhoward@uhcanohio.org](mailto:jhoward@uhcanohio.org)

**If you need help in Spanish, Somali or Nepali contact:**

- ◆ **Samuel Camacho** at 614-746-3252 or Email: [scamacho@uhcanohio.org](mailto:scamacho@uhcanohio.org) (Spanish)
- ◆ **Kawther Musa** at 404-552-8166 or Email: [kmusa@uhcanohio.org](mailto:kmusa@uhcanohio.org) (Somali)
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*UHCAN Ohio's mission is to achieve high quality affordable health care for all Ohioans by promoting antiracism and ensuring that marginalized communities are heard.*

UHCAN Ohio is a member of the Ohio Association of Foodbanks Navigator Consortium

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614-505-9460



# Do You Need Health Insurance? Do You Need To See A Doctor?



**It's time to enroll** in a health insurance plan for 2024!

We can help you get enrolled in a health insurance plan that you can afford.

Our service is **FREE**. We are Health Care Navigators!

Contact us for more information.

We will answer your questions about insurance.  
**Schedule your free appointment today!**



Open Enrollment begins **November 1st -January 15th**  
After You Enroll– Your coverage will start Feb. 1st

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